Your Life Twister form

Choose the goals you want to achieve.

You are important!

You are the entrepreneur of your ideas, talents, development.

Making your own choices and being sociable go well together.

All the answers that you need now are already in you.

Trust yourself, what you already know and what you already can.

You are and can do more than you think, you are important!

What do you choose?

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| 5 question | Your answers |
| GOAL  What do I want to achieve? Where do I really want go for? |  |
| CURRENT SITUATION  Where am I now in relation to my goal? |  |
| OBSTACLE  What/who holds me back me? In myself?  In my surroundings? |  |
| RESOURCE  What do I need?  of / in myself?  of others?  extra information? |  |
| HERO  Is there someone in my area who has achieved my GOAL already?  And who I can ask for advice / tips? |  |